

Who Should Attend?

Classroom teachers, P.E. teachers, food service, counselors, school nurses, administrators, school board members, community members, curriculum specialists, parents

Dress

Dress casually and wear comfortable walking shoes. There will be opportunities for involvement in physical activity at each session.

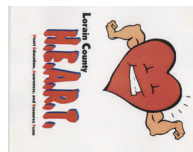
CEU's

Certificate of Participation will be awarded and may be submitted to your LPDC as verification.

College Credit

Participants may earn one graduate workshop credit through Ashland University. The cost for one graduate credit is \$249. Graduate credit will be granted upon satisfactory completion of all workshop requirements. Attendance is required at all three sessions. A representative from Ashland University will be at the workshop, October 11, 2006, to register participants for credit. The \$249 payment for credit is due at that time. Students new to Ashland University must bring a photocopy of their teaching certificate, transcript or diploma at the time of registration. Questions related to CEU's/college credit, contact Russell Maruna at (440) 324-5777, ext. 1131.

Ashland Credit participants should plan on meeting during lunch at each workshop.



Lorain County Coordinated School Health Coalition
9880 South Murray Ridge Rd.
Elyria, Ohio 44035

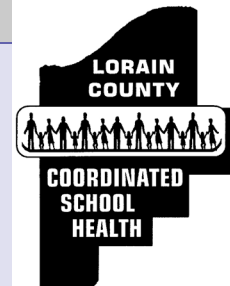
Lorain County Coordinated School Health Coalition Members

- Lorain County General Health District
- Educational Service Center of Lorain County
- American Cancer Society
- OSU Extension, Lorain County
- Ohio Dept. of Health - Northeast District
- North Ridgeville Schools
- Lorain County JVS
- Lorain County Nurses
- Lorain City Health District
- Elyria City Health District



The Lorain County
Coordinated School
Health Coalition
2006/2007
Professional
Development Series

**Linking Health
and Learning**



**Wednesday, October 11, 2006
Friday, November 17, 2006
Thursday, January 25, 2007**

8:00am-3:00pm

**Breakfast, lunch and
beverages provided**

**Carlisle Visitor Center
12882 Diagonal Rd.
LaGrange, OH 44050
440-322-6367**

Registration Form

Registration limited to 50 participants on a first-come, first-served basis. Registration fee is **\$35.00 per session or all three for \$90.00**. Fee includes all materials, resources, continental breakfasts and lunches.

October 11, 2006	\$35.00
November 17, 2006	\$35.00
January 25, 2007	\$35.00
All three sessions	\$90.00

P.O. Number _____ or
check for the above amount enclosed.

Make checks payable to:

"Educational Service Center of Lorain County"

I plan to apply for graduate credit through Ashland University. Please circle: **YES NO**
(Please see college credit and CEU information on back.)
Use one registration form for each person. Please print clearly.

Name _____

School District and Building _____

Position and Content Area (if applicable) _____

Work Telephone _____

Email Address _____

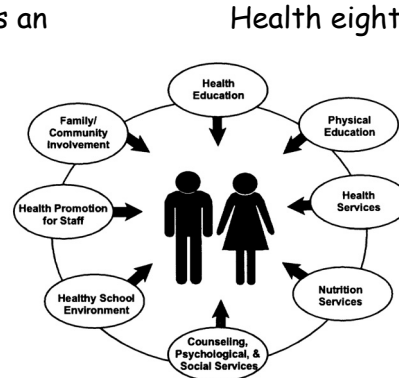
Do you have special needs? If yes, please specify. _____

Please return the completed registration to:
Phyllis Moulder
Educational Service Center of Lorain County
1885 Lake Ave. - Elyria, Oh 44035
fax: (440) 324-7355

Questions? Email: jdavis@loraincountyhealth.com
(440) 322-6367 · 244-2209 · 236-8722
Upon receipt of registration, you will receive a confirmation. No refunds after October 1. Alternates are welcome to attend.

What is the Coordinated School Health Process?

Coordinated School Health is an organized set of policies, procedures, and activities designed to protect, promote, and improve the health and well-being of students and staff, thus improving a student's ability to learn. The framework for the professional development series is based on the Coordinated School



Health eight component model developed by the Centers for Disease Control and Prevention. All three workshops include School Health Index breakout sessions for participants at any experience level, the most up to date resources available to Lorain County Schools, nationally known speakers and opportunities to network with other professionals.

Workshop Objectives

- Participants will be able to list strategies to:
- Initiate, revitalize or energize a school health team
 - Assess the school health environment
 - Increase physical activity opportunities
 - Identify ways to improve student eating habits
 - Identify community resources available for tobacco prevention and cessation
 - Identify ways to create a safe school environment

October 11, 2006



Breakfast at School

Children's Hunger Alliance

Learning About Eating Disorders

Dr. Laura Hill, The Center for Eating Disorders and Psychotherapy

November 17, 2006



Asthma Friendly Schools

Lori Kondas, American Lung Association

Reducing Stress for Success

Leif Smith, Psy.D

Connecting Nutrition and Education

Jamie Foster, MPH, LD, RD, OSU Extension

January 25, 2007 (Feb. 1 snow date)



Service Learning

Richard Bradley, PhD

Wellness Policy, Nutrition and You

Mark Bindus, RD, Food Service Director, Twinsburg City Schools